



**Latin-inspired, Easy-to-follow, Calorie Burning,
FEEL-IT-TO-THE-CORE FITNESS PARTY!!**

Instruction by Christina Saunders, Physician Assistant at Bluepoint!!

**Where: Dale City Recreational Center
Room A-2**

When: Thursdays 7:00-8:00

Packages:

- ◆ \$10 per class Walk-in
- ◆ \$8 if you Pre-register
- ◆ \$60 10 classes (\$6 per)
- ◆ \$100 20 Classes (\$5 per)

